



## **Dos and Don'ts for Rheumatoid Arthritis Patients**

SCIENCE

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We do our best to live a full, active life with rheumatoid arthritis (RA). But, we make some common missteps no matter how careful we are for managing the RA symptoms and overall health. Some of the do's and don'ts have been mentioned here.



Exploratory, Rheumatoid arthritis