



An Update to EULAR Recommendations for the Management of Hand Osteoarthritis

Education

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Hand osteoarthritis (OA) is a common musculoskeletal disease, associated with hand pain, stiffness, functional limitation, decreased grip strength and reduced quality of life. Its incidence increases with increasing age. Clinical indications of the study include bony enlargement and deformities of the hand joints, at times accompanied by soft tissue swelling. Hand OA has a variable disease course. The first European League Against Rheumatism (EULAR) recommendations for the management of hand OA were published in 2007.

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