



Comfort Theory in Practice—Nurse Anesthetists' Comfort Measures and Interventions in a Preoperative Context

SCIENCE

[Abstracts](#)

Key Take-Away:

This study aimed to describe and assessed the nurse anesthetist's comfort measures in the preoperative context of the Comfort Theory. The application of the Comfort Theory to work for the nurse anesthetist in becoming more aware of the individual holistic needs of the patient.

The Comfort Theory proposes a systematic work approach to respond to patients' holistic needs.

ABSTRACT:

Background:

The Comfort Theory proposes a systematic work approach to respond to patients' holistic needs.

The usefulness of the Comfort Theory in the perioperative setting should be investigated. The aim of the presented study was to describe and analyze the nurse anesthetist's comfort measures in the preoperative context on the basis of the Comfort Theory.

[Expand section](#)

Methods:

The qualitative observational study was conducted.

Semi-structured, clinical observation data collection in the preoperative context and deductive thematic analysis.

[Expand section](#)

Results:

The nurse anesthetist's comfort measures in the preoperative phase in the operating room department aim to ensure the patient's needs of relief, ease and transcendence in the physical, psycho-spiri

The nurse anesthetist's comfort measures in the preoperative phase in the operating room department aim to ensure the patient's needs of relief, ease and transcendence in the physical, psycho-spiritual, environmental and socio-cultural contexts.

[Expand section](#)

Conclusion:

The application of the Comfort Theory to daily work in the preoperative phase is of value for the nurse anesthetist in becoming more aware of the individual holistic needs of the patient and in this way adapting and initiating comfort measures and interventions.



Source: Journal of Peri-Anesthesia Nursing

Link to the source: [http://www.jopan.org/article/S1089-9472\(16\)30284-2/fulltext?rss=yes](http://www.jopan.org/article/S1089-9472(16)30284-2/fulltext?rss=yes)

The original title of the article: Comfort Theory in Practice—Nurse Anesthetists' Comfort Measures and Interventions in a Preoperative Context

Authors: Annika Bergström et al.

[Expand section](#)

Exploratory, Qualitative Observational Study